

## **Stitchin Heaven Face Mask Tutorial**

### **Supplies Needed:**

- 2 – 8” pieces of elastic
- 1- 10” x 8” piece of main fabric
- 2- 7.5” x 5” pieces of lining fabric

### **Instructions**

1. Hem lining pieces using  $\frac{1}{2}$  inch seam allowance along longest side.
2. Place main fabric right side up, and lay lining pieces facing down on top of main fabric. Make sure lining pieces are centered as shown in video.
3. Sew along top edge where lining fabric and main fabric meet. Use  $\frac{1}{2}$  inch seam allowance. Repeat for bottom.
4. Flip over and iron as shown in video.
5. Make 3 Pleats , making sure to keep the lining and main fabric together.
6. Pin Pleats together and iron. Use fabric glue or a basting stitch to hold your pleats in place.
7. Fold edges in  $\frac{1}{2}$  inch, then  $\frac{1}{2}$  inch again. Iron down.
8. Insert elastic in one end of outer seam. Sew down, and continue sewing seam. When you get to the end, insert the other end of elastic\*\* and sew down. Please see video for better detail. Repeat on other side.
9. You should now have a mask that has a pocket in the back to insert a filter, and elastic to go over the ears.

\*\* If you do not have elastic, you can use bias tape and make ties.